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July 24, 2020
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IMPORTANT NOTICE: A Change to Your Prescription Drug Coverage

Dear TRICARE Beneficiary:

On August 26, 2020, the over the counter drug(s) listed below will move from a preferred drug status to a non-covered status. This means that you will pay the full cost for the over the counter drugs that are not covered.

STOOL SOFTENER (DOCUSATE)*

*See table of non-covered drugs below:

If you are no longer taking the above drug, then you don't need to do anything at this time.

If you are taking this drug, what should you do?

Review the enclosed information called "Options for You and Your Doctor to Consider."
This document provides the OTC drug that is no longer covered, alternatives, and associated cost information.

Why the Change?

The Defense Health Agency regularly reviews the coverage of drugs. This change isn't the result of any issue with the over the counter drug(s) themselves. **You may continue to purchase the drug(s) over the counter, but you will pay the full cost.** We encourage you to consult with your doctor if you have questions about modifying any medications and supplements you take.

Who Should You Contact If You Have Questions?

If you have any questions about your pharmacy benefit or you need help, please visit express-scripts.com/TRICARE or call 877.363.1303.

Sincerely,

Jay Peloquin, PharmD, BCPS
Director, Clinical Account Management
Express Scripts

- Download the Express Scripts™ mobile app for free today! Our easy-to-use mobile app puts your TRICARE® prescription benefit in the palm of your hand.
- Follow us on social media! Add MilitaryRx on [Facebook](#) and [Twitter](#) for health tips, plan info and updates about your pharmacy benefit.

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Options for You and Your Doctor to Consider

On August 26, 2020, the drug listed below will move to a non-covered status on the TRICARE benefit. Any prior authorization (PA) or medical necessity (MN) your drug currently has will no longer apply. You will pay 100% of the drug cost if you continue to fill your prescription of your non-covered OTC drug. The cost you pay for your non-covered OTC drug will not apply to your TRICARE catastrophic cap. Carefully read the information below to understand your options.

STOOL SOFTENER (DOCUSATE)*

*See table of non-covered drugs below:

Switch to a preferred drug.

Preferred Drug	Military Treatment Facility	Home Delivery	Retail Network Pharmacy
	<u>Your cost</u> (up to a 90-day supply)		
Generic Drugs: <ul style="list-style-type: none"> • OTC Docusate Sodium 50mg/5ml (Liquid) • OTC Docusate Sodium 100mg (Capsule) • OTC Polyethylene Glycol 3350 17g (Dose Powder) • OTC Bisacodyl 5mg (Tablet DR) 	\$0	NOT AVAILABLE	100% of the cost of the drug

Continue taking your current non-covered drug.

Non-Covered Drug(s)	Military Treatment Facility	Home Delivery	Retail Network Pharmacy
	<u>Your cost</u>		
<ul style="list-style-type: none"> • OTC Docusate Sodium 60mg/15ml (Syrup) • OTC Docusate Sodium 100mg (Tablet) • OTC Docusate 250mg (Capsule) • OTC Docusate Sodium 283mg/5ml (Enema) • OTC Docusate Calcium 240mg (Capsule) • OTC Polyethylene Glycol 3350 17g (Powder Pack) 	NOT AVAILABLE	NOT AVAILABLE	100% of the cost of the drug.

More Information

For more information on TRICARE-covered drugs, any restrictions, and to find forms for prior authorization and medical necessity, visit [express-scripts.com/tricareformulary](https://www.express-scripts.com/tricareformulary).

